

WESSEX ANAESTHETISTS IN TRAINING



Annual Scientific Meeting

Hilton Southampton (Chilworth)
11th October 2013

Programme

- 08:30** Registration, tea & coffee
- 08:50** Welcome
- 09:00** Dr Gareth Jones
"PICU for the DGH Anaesthetist"
- 09:45** Dr Mike Swart
"CPEX & the High Risk Surgical Patient"
- 10:30** Tea & Coffee Break
- 10:50** Professor Charles Deakin
"Adrenaline in Cardiac Arrest: Friend or Foe?"
- 11:35** Professor Carol Seymour
"Disclosure, Complaints & Whistleblowing (Sorry seems to be the hardest word)"
- 12:20** Trainee Oral Presentations
- 13:10** Lunch
- 14:10** Dr David Smith
"Is Awareness the Enemy of Sanity?"
- 14:55** Dr Liz Shewry
"OOPE - Sydney HEMS"
- 15:25** Tea & Coffee Break
- 15:45** Dr Heidi Artis
"OOPE - Developing World"
- 16:15** Dr Kevin Fong
"Extreme Thoughts"
- 17:00** Dr Ian Mettam, Dr Ben Harris & Judges
Training Updates, followed by Prizes
- 17:30** Close of meeting followed by drinks in the hotel bar

Speakers

Dr Gareth Jones is a Consultant in paediatric intensive care and paediatric anaesthesia at University Hospital Southampton. He trained in London and Wessex with fellowships in Auckland and Ann Arbor. He is currently lead for the SORT transport team which serves Wessex and the Thames valley. From an educational perspective SORT are developing a simulation outreach programme to help improve care for critically sick children in our region.

Dr Mike Swart is a consultant in anaesthesia and critical care medicine in Torbay Hospital, Devon. Just over fourteen years ago, along with Dr John Carlisle, he started to use cardiopulmonary exercise testing to identify risk after surgery and which patients would benefit most from postoperative critical care. This led to learning about identifying and communicating chance of harm and benefit. They now run a high-risk surgical assessment clinic that uses collaborative decision making to help patients choose the treatment that they want. He is also a Department of Health Clinical Advisor (Anaesthesia) on the Enhanced Recovery Partnership Programme. michael.swart@nhs.net

Professor Charles Deakin is a consultant in cardiothoracic anaesthesia and intensive care at University Hospital Southampton, and specialises in resuscitation and pre-hospital care. He chairs the Advanced Life Support Committee (European Resuscitation Council) & co-chairs the Advanced Life Support Group of the International Liaison Committee on Resuscitation. As well as involvement with several pre-hospital services, he helped set up the Hampshire/Isle of White air ambulance. He is also Medical Director of South Central Ambulance Service (Hampshire).

Speakers

Professor Carol Seymour has been a medicolegal advisor with the Medical Protection Society since 2003. She is a non-practising Barrister as well as an academic physician (now Emeritus Professor). She is also a fellow of the Royal College of Pathologists and was involved in setting up the faculty of Forensic and Legal Medicine at the Royal College of Physicians.

Dr David Smith is a consultant in adult and paediatric cardiac anaesthesia and adult cardiothoracic intensive care at University Hospital Southampton. He has been a Senior Lecturer at Southampton University since 1992 and is heavily involved in medical student teaching and projects. His research interests lie in awareness, depth of anaesthesia monitoring, and perioperative care during cardiac surgery and cardiopulmonary bypass.

Dr Kevin Fong is a consultant anaesthetist and intensivist at University College London Hospitals, and an honorary senior lecturer in Physiology at UCL. He studied astrophysics prior to medicine and has worked with NASA. He is founder and director of CASE (Centre for Altitude, Space and Extreme environment medicine) at UCL and runs an undergraduate module in Space Medicine and Extreme Environment Physiology. He has appeared on numerous television and radio programmes including Horizon.

Dr Elizabeth Shewry is a post-CCT (anaesthesia) trauma fellow at University Hospital Southampton. She has substantial experience in pre-hospital medicine, including Sydney HEMS.

Dr Heidi Artis is an anaesthetic registrar in Wessex who has spent time working abroad, predominantly in Africa, and most recently in South Sudan. She has a keen interest in developing world medicine.

Judges

Dr Paul Spargo (Southampton)

Dr David Smith (Southampton)

Dr Dan Dalgleish (Bournemouth)

Trainee Oral Presentations

1. **Rob Wiltshire**, A Burton, C Papadometriou, M Hargreaves
Do you 'stop before you block'? A complete audit cycle to improve patient safety
2. **Dale Duncombe**, L Philip, G Debrenceni
Intensive care sedation and delirium audit
3. **Rebecca Egglestone**, C Joannides, J Chambers
Buddy scheme in anaesthesia
4. **Rob Wiltshire**, J Tyrrell
Does the Ranger fluid warming device have an impact on core body temperature?
5. **Sophia Henderson**, N Bosley, S Davidson, N Amaradasa, S Wimbush
Perioperative starvation: have we made a difference?

Trainee Poster Presentations

- **Lydia Richardson**, O Davies, R Thomas, J Dmochowski
An audit of Do Not Attempt Cardiopulmonary Resuscitation orders in a district general hospital
- **Lydia Richardson**, D Quick
Seizures & extreme agitation leading to a 48-hr admission on the intensive care unit post alpha-methyl tryptamine ingestion in two young men
- **Claire Joannides**, S Baker, A Ball, R Egglestone
Target fractured neck of femur patients
- **Naomi Wee**, S Shuttleworth, S Briggs
Critical care and oral maxillofacial surgery: audit and service evaluation of the management and outcome of patients undergoing reconstructive procedures involving tissue free flaps and microvascular anastomoses
- **Kate Shepherd**, M Turner
Endotracheal intubation via a supreme LMA using the cook staged extubation set
- **Katherine Walker**
Electronic Prescribing Systems: unforeseen problems which may compromise patient safety
- **Mike Ward Jones**, F Rossiter, I Jenkins, S Vyas
Back from the brink: survival from severe lactic acidosis - pH 6.48
- **Dale Duncombe**, N James, A Thompson, O Cramer
Fresh frozen plasma administration in intensive care
- **Beena Parker**, R Isaacs, A Diddee, M Wee
NEAMS - neuraxial anaesthesia midline signs
- **Natasha Amaradasa**
Cormack and Lehane revisited
- **Amelia Arasaratnam**, G Daniel, M Rose
An unusual case of biphasic stridor
- **Laura Tompsett**, P Dickinson, L Morgan, A Bates
The use of high fidelity simulation 'on the road' as an aid to transport medicine training
- **Charles Archer**, J Bromilow, T Qureshi
The 6 'P's of emergency laparotomy assessment: 'producing a pre-procedure P-Possum proforma'
- **Aparna Cockrell**, J Trim, H Akerman
Effect of Versatis a 5% lidocaine patch on traumatic rib fracture pain
- **Francesca Riccio**, E Sleep, R Pemsel, N Jones
Crisis checklist for anaesthetists

Special Thanks

To Dr Paul Spargo who is stepping down as head of school. We will be presenting Dr Spargo with a gift at the end of the day to show our appreciation for all his hard work over the years.

WAIT Committee 2013

Dr Ilana Delroy-Buelles
Dr Katharine Barr
Dr Sonya Daniel
Dr Heidi Artis
Dr Anne-Marie Bougeard

If you are interested in organising WAIT 2014 please contact a member of the committee via the website.

Feedback

We would welcome your feedback on the meeting. Please either complete the paper feedback forms at the venue or visit www.waitmeeting.org/feedback.htm after the event.

Sponsors

Please take a moment to visit our sponsors during the breaks, this meeting could not happen without them.



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